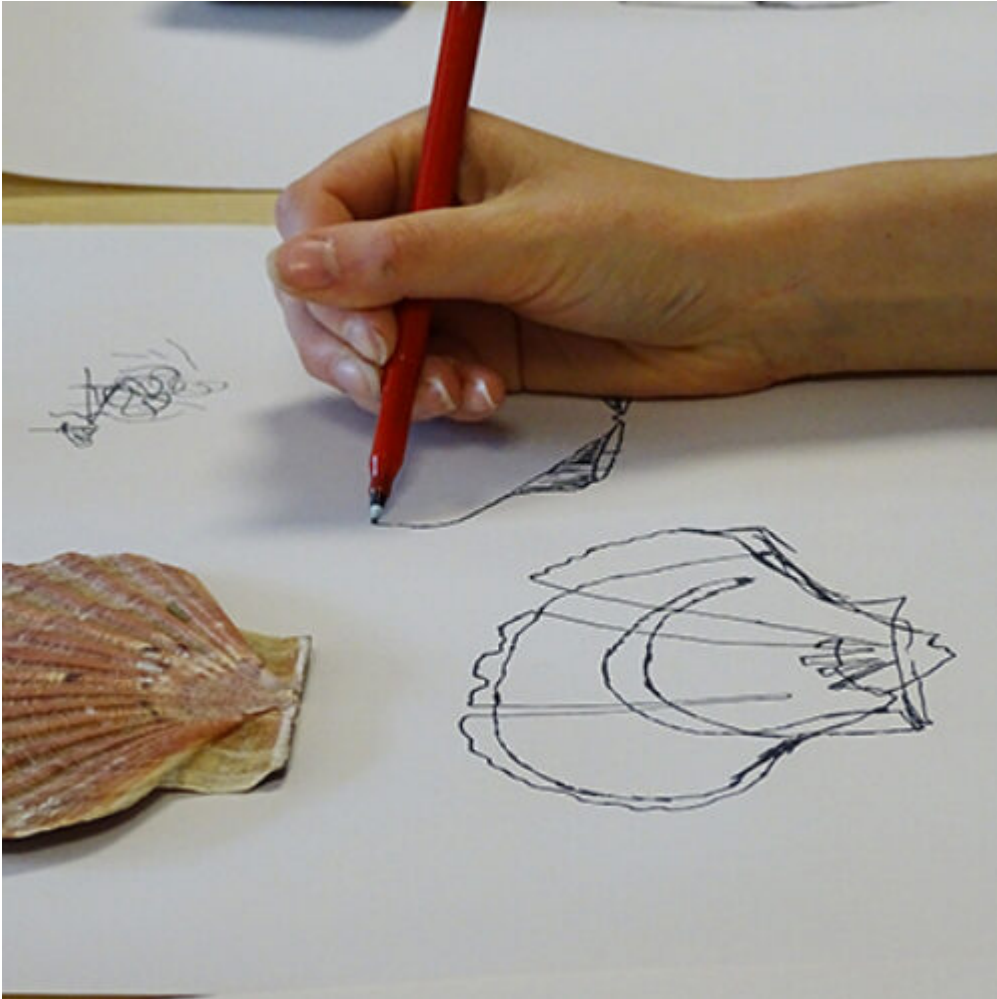


Ten Minutes, Five Times a Week



Ten Minutes, Five Times a Week is a simple set of drawing exercises designed to get people drawing. Aimed at a broad audience, but designed in particular with teachers in mind.

Each exercise is designed to give non-specialist teachers the confidence to approach drawing, by committing to regular, brief drawing activities for just one week.

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RESOURCES

What are the benefits and how do i fit it in?

Before you start...

Before Each Session: Set Expectations



The following exercises work best if the pupils work quietly and with concentration.

After Each Session: Reflect



At the end of each session, it's worth investing two minutes in getting the children to walk round the room to look

at each others work.

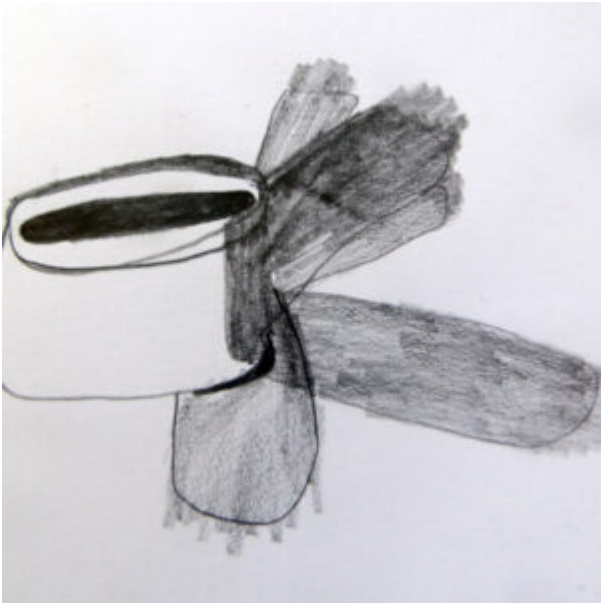
At the end of the week: Revisit



Make time to revisit the exercises to give pupils the opportunity to be able to articulate and reflect upon their progress over the week.

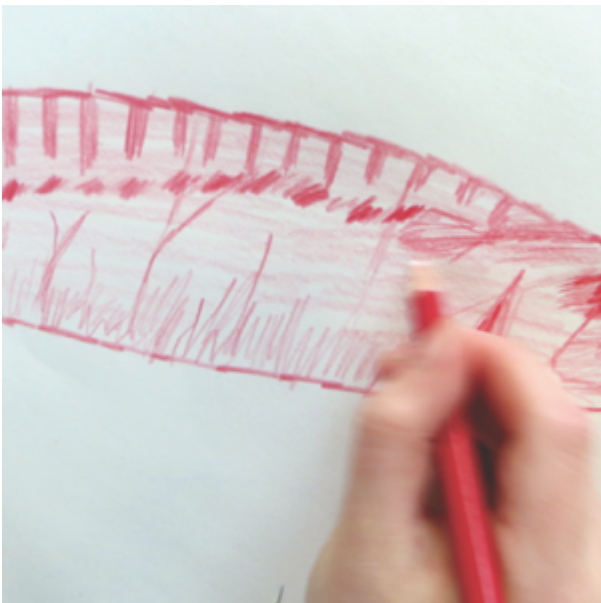
The Five Drawing exercises...

Day 1. Continuous Line Drawing



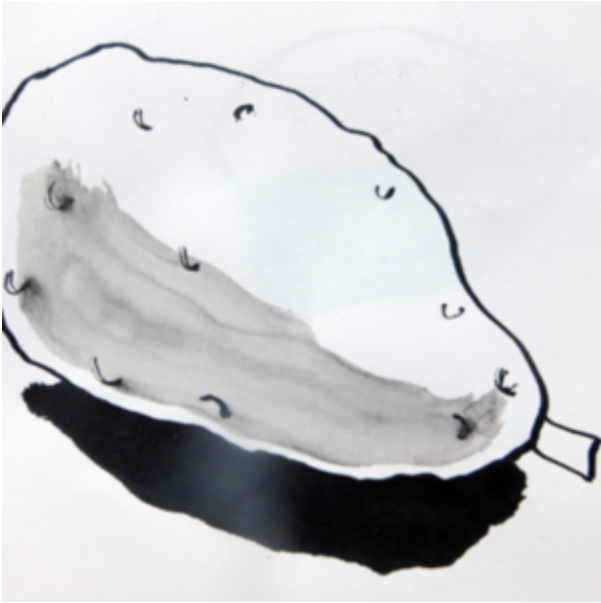
Find out how to do a simple continuous line drawing exercise to start the week.

Day 2. Backwards Forwards Drawing



The backwards forwards drawing exercise helps develop looking and sketching skills.

Day 3. See 3 Shapes



Explore how to get children to describe an object in just three lines or shapes.

Day 4. Thoughtful Mark Making



Find out how encouraging diverse mark making will improve drawing outcomes.

Day 5. Making Stronger Drawings



Explore how drawing on different surfaces helps encourage stronger mark making.