T-Shirt Paintings

In this resource aimed at EYFS and SEND groups, learners will have the opportunity to design and wear their own T-shirts. Invite them to create paintings of their favourite items, or link it to a topic you're exploring.

This activity aims to improve hand-eye co-ordination as well as dexterity and will feed their curiosity.

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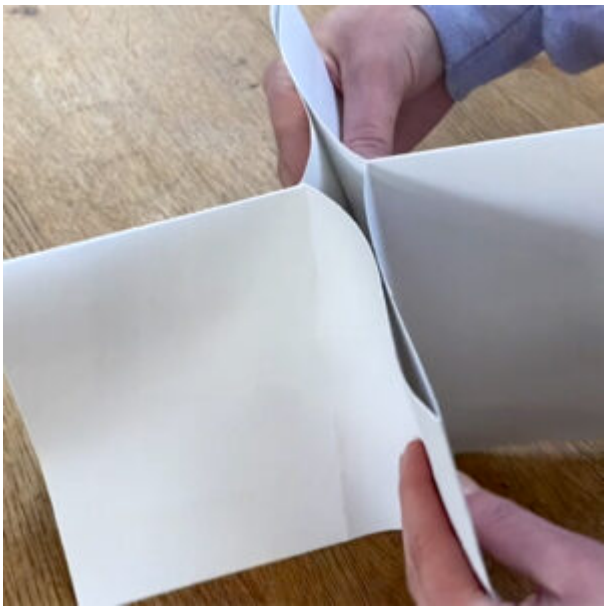

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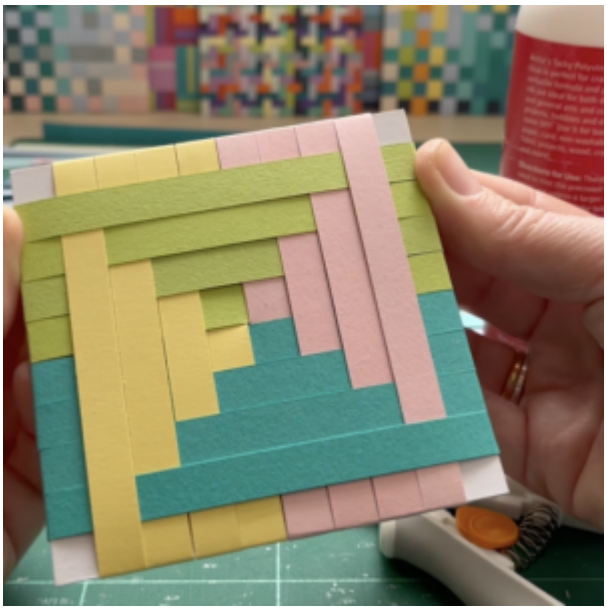

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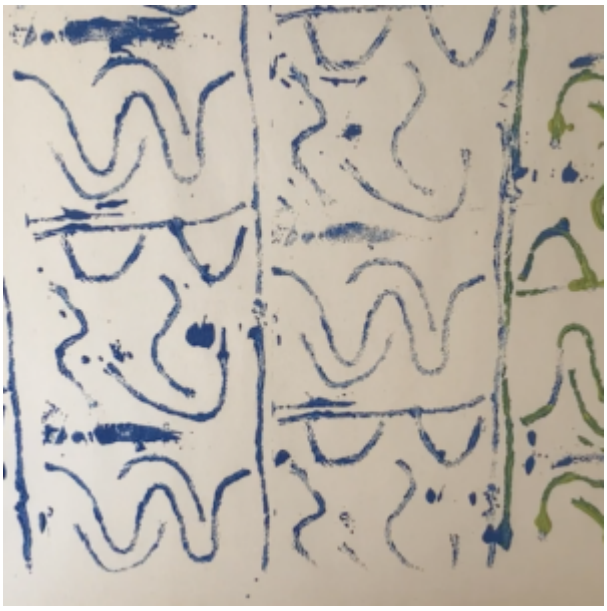

Painting with Poster Paint

“I really like how this resource provides lots of interesting and exciting ways for poster paint to be used. It combines observational drawing and painting with more abstract pattern providing a breadth of exploration. Giving learners the

opportunity to explore the properties of poster paint as well as seeing how it responds to different materials will help to nurture imaginations as well as providing support for the development of basic skillsets.” – Rachel, AccessArt

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T-Shirt Paintings

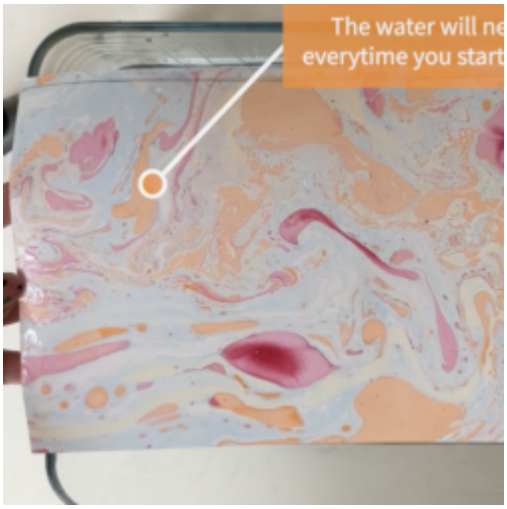
[In this resource aimed at EYFS and SEND groups, learners will have the opportunity to design and wear their own T-shirt]

Autumn Floor Textiles

[Use a variety of different materials on]

[calico as well as use new techniques such as wax resist]

Marbled Hole Punch sketchbooks



[Create simple and inexpensive sketchbook made up of old paper]

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[Explore 3 different methods of printing with string]

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[Mold modroc over found materials to create textured plasterboards]

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What We Like About This Resource…

"It's really nice to see that although Rachel Parker works quite digitally, her process from the beginning is very tactile. Rachels books act as a really great source of inspiration, helping to break down the creative blocks that we all get from time to time. Having a sketchbook dedicated to colour means that as well as working with colours that you already love, you can test new colour palettes and see colours from a new perspective. I especially love how Rachel picks up on the different tones in colours by looking at the way light hits it in order build her colour palette around those supporting tones as well as big statement colours." **– Tobi, AccessArt**

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A resource by Rachel Parker to help students build repeat patterns

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[A collection of resources by Rachel Parker to help you build your own colour moodboard]

Collecting Colour

What We Like About This Resource…

“It’s great to see how a simple exercise such as colour collecting, which can be done in a classroom setting, is also used in a professional capacity. This gives the activity a clear context and purpose. It’s nice to see Rachel’s decisions being made in real time, it demonstrates how artists are constantly reflecting on and self evaluating their own decisions. Rachel also shows us that she sometimes gets colour palettes from photos that she’s taken herself, this is really exciting because it demonstrates how the artists experience is central to their work. Students will be able to bring their own experience and personality to this activity by having complete control over what their colour moodboard becomes.”
— Tobi, AccessArt

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