

# Simple Drawing Exercise: Drawing to the Slow Rhythm of a Metronome

By Paula Briggs

A new term at the **Drawing and Making Workshop for ages 6 to 10** and I thought we would see how we can explore the relationship of paper and making through an book art/artist's book project.

Before we started transforming our books though, I thought we should help some new students settle in with some simple, slow drawing. It was the first warm day of the year here and everyone was feeling pretty chilled out, including myself, and I didn't think we were up to any frantic making!



A SLOW drawing workshop...

---

	<b>Please log in here to access full content.</b>	
Username	<input type="text"/>	<input type="text"/>

Password	<input type="text"/>
	<input type="button" value="Login"/> <input checked="" type="checkbox"/> Remember me
	<a href="#">Forgot Password</a>

To access all content, I would like to join as...

**An Individual**



Creative practitioners, educators, teachers, parents, learners...

**From £3.50**

**An Organisation...**



Schools, Colleges, Arts Organisations: Single and Multi-Users  
[From £42](#)

***AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.***

---

**You May Also Like...**

## Pathway: Music and art



[This is featured in the 'Music and Art' pathway](#)

**3 exercises to explore mark making and sound**

