

How I Use Sketchbooks & Drawing

By [Scarlett Rebecca](#)

In this post printmaker Scarlett shows us that a sketchbook is for more than just drawing. It is a place to remember loved ones, to generate new ideas and to spend a few hours simply enjoying some mindfulness. Find out how Scarlett uses her sketchbook to set drawing challenges, write down recipes and to understand the world around her better.

The full video is available to [full members](#) below.

	Please log in here to access full content.	
Username	<input type="text"/>	
Password	<input type="password"/>	
	<input type="button" value="Login"/>	<input checked="" type="checkbox"/> Remember me
	Forgot Password	

To access all content, I would like to join as...

An Individual



Creative practitioners, educators, teachers, parents, learners...

From £3.50

An Organisation...



Schools, Colleges, Arts Organisations: Single and Multi-Users
From £42

AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.
