

The Drawing Journey for Children Ages 7 to 9 – Drawing Exercises

**<<< Back to the AccessArt Drawing Journey for
Children Ages 7 to 9<<<**

Exercises to Build Drawing Skills

**The exercises below have been selected as being
suitable for ages 7 to 9.**

**Drawing exercises underpin all creativity. Please
note there is no absolute order that these
exercises might be introduced, so please do feel
able to choose the exercises that appeal to you.**

**Repeated practice is key: vary the subject matter
and drawing medium to keep the process active and
engaging.**

**These exercises might be done at the start of an
art lesson as warm-ups, or when children come in
to school in the morning or after lunch as
transition activities. Skills will quickly build
over time, as will familiarity with materials,
techniques and ideas. Skills will then feed into
all art work.**

Work in sketchbooks or loose sheets of paper which can then be gathered into a Backwards Sketchbook.

Exercises

Drawing Prompts



Overcome the fear of the 'White Page' with these Prompt Cards

Mark Making & Sound



3 exercises to help develop mark-making skills inspired by sound

Ten minutes, five times a week



Five vital drawing exercises to help develop skills

continuous line drawing



Find out the benefits of continuous line drawing with this resource

Backwards forwards drawings



Use the backward forward drawing technique to help slow down your drawing (and looking)

making stronger drawings



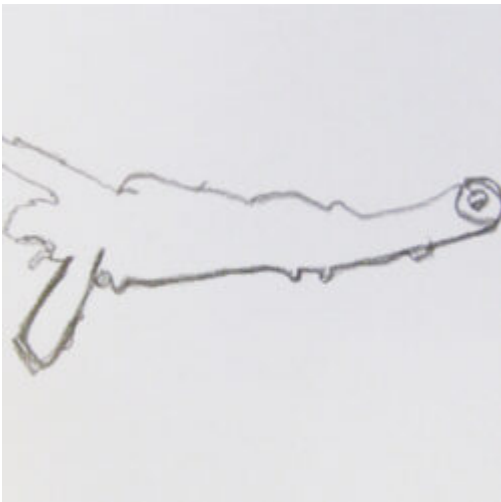
Try this exercise to help learners make bolder drawings

see 3 shapes



Explore how seeing simple shapes can help develop drawing skills

feely drawings

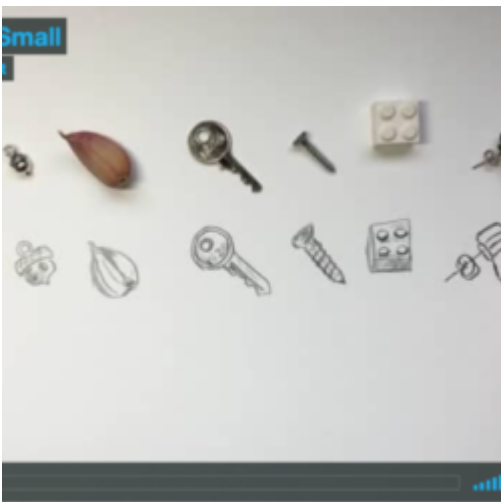


Drawing through the sense of touch

drawing like a caveman



Using our hands as tools for drawing
drawing small



Make a series of small, accessible drawings to settle into the drawing process

drawing Large



Make larger, gestural drawings using loose marks

finding Marks through artists



Be inspired by the marks made by artists
thoughtful mark making



Develop mark making vocab and decision making skills

drawing speed



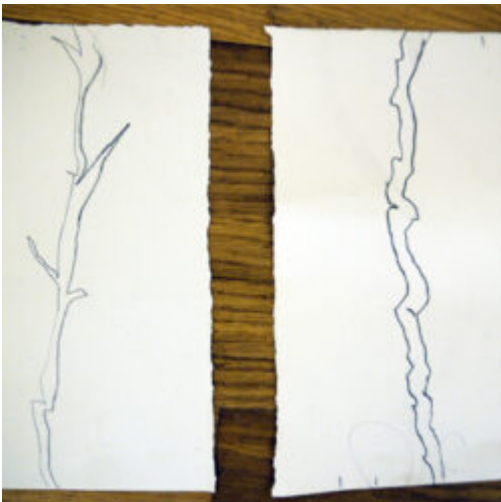
Experiment with the speed at which you draw

drawing with a ruler



Make your drawings with straight lines only

HELP CHILDREN DRAW LARGER



Try this simple exercise to encourage children to draw larger

blind contour drawings



Match the speed of drawing with the speed of looking

Make a shy drawing



Slow down and make quiet, introverted drawings

drawing hands



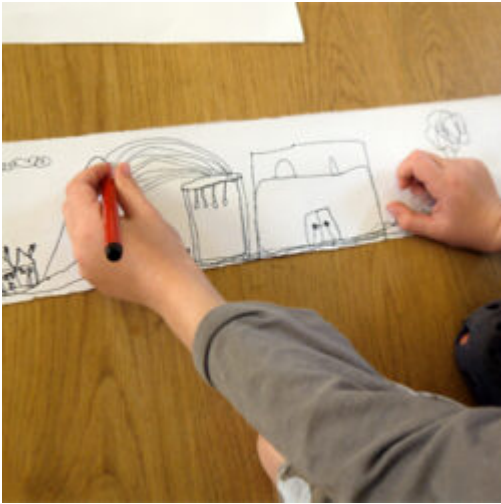
Simple continuous line drawings of hands

Show Me What You See



Drawing exercise to help children communicate what they can see

One line street scene



Use the voice to lead the drawing

look up not down portraits



Fun portrait exercise working in pairs

Finger palette portraits



**“Finger paint” the portrait
discovering charcoal**



**Explore the qualities of charcoal
spiral snails**



Explore colour and movement using pastels

Turning paper into fur



Turn paper into fur

explore 3d drawing with lego



Drawing Lego to explore perspective

Simple perspective



Introduce children to simple perspective

drawing clouds & mark making



Making marks in response to other marks

Metronome drawing



Drawing to a slow pace

negative space to scale up



Seeing positive and negative space to help you draw

the geometry of a chicken



Seeing simple geometry to help you draw

layered colour gestural drawing



Layering colours to build gestural drawings

drawing out of your comfort zone

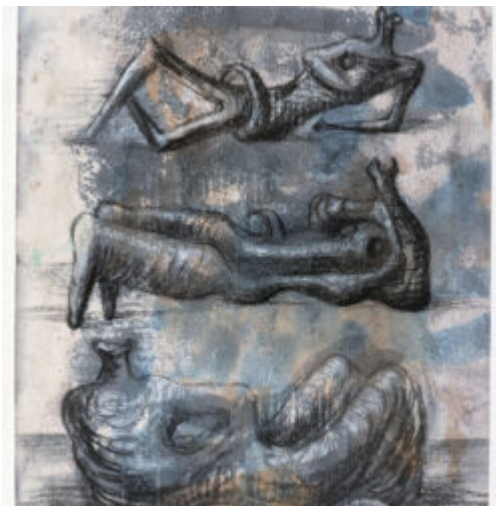


Exercise to push your drawings further

pastels to capture texture



**Exploring texture with pastel
drawing with mass**



**Exploring how to draw mass and form
ink drawings**



Using ink and making drawing tools
analogue Drawing



Explore mark-making through drawing emotions

Drawing with your feet



Use a different body part to make drawings

Stick Drawing



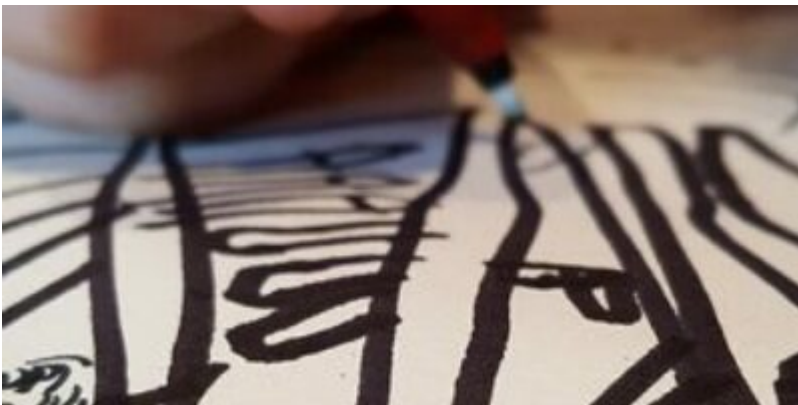
Create loose drawings by extending your reach with sticks

deconstructing to help you see



In this drawing/sketchbook exercise pupils will practise close looking, and explore mark-making

Continue your Drawing Journey...



^



On to Step 3: Introducing Materials >>