

Arts and Minds: Time to Introduce Ourselves – A Sculpture Challenge

Introduction by Gavin Clayton, [Arts and Minds](#)

This was the first session working with students at [Cambourne Village College](#) as part of the 'Young People's Pilot', coordinated and managed [Arts and Minds](#), a leading arts and mental health charity in Cambridgeshire.

[Arts and Minds](#) developed the Young People's Pilot of [Arts on Prescription](#), thanks to funding from the Arts Council's [Norfolk and Norwich Festival Bridge](#) organisation.

*In Cambridgeshire mental health service provision for Young People involves lengthy wait times and the thresholds necessary to trigger statutory care continue to rise. **Arts and Minds** wanted to see what could be done as an 'early help' provision for young people within schools. The result was an initial pilot at **Ernulf Academy in St Neots**, which produced evidence showing significant positive impact on wellbeing and mental health along with improvements to behaviour and attendance.*

*This second pilot, employing **AccessArt's** co-founder **Sheila Ceccarelli**, is a new delivery partnership and one that we hope will bring the work to the attention of a larger community of interest, build on the findings from first pilot and allow **Arts and Minds** to develop larger scale delivery within Cambridgeshire secondary schools.*

[Back to "Heart-Work" Arts and Wellbeing Project](#)

Time to Introduce Ourselves - A Sculpture Challenge

By [Sheila Ceccarelli](#) (*artist*) and [Yael Pilowsky Bankirer](#) (*Psychotherapist*)



We kicked off the programme with a quick making challenge which would act as an ice-breaker and introduce students to an array of materials.

Having lots of different kinds of materials at hand was key to this session - allowing for plenty of exploring and inventing and also highly individual outcomes.

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AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.

Teachers Explore 'Line and Shape' at the Fitzwilliam Museum, Cambridge with AccessArt

In the spring and summer of 2016, Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge to create and deliver a series of InSET sessions (in-service-training) for primary school teachers.

Making Sculptural Interpretations of 18th Century Portraits at the Fitzwilliam Museum, Cambridge

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to explore making three dimensional interpretations of two dimensional 18th Century portraits.

Making Giant Withie Lanterns

With 'festivals of lights' in November and December, teenagers at AccessArt's Experimental Drawing class had a fun time constructing giant lanterns out of withies and wet-strength tissue paper.

Make a Model Stitched House

Collage and Construction

Building and Drawing

Time to Introduce Ourselves – Initial Sculpture!

Doodling with Stuff

Paula Briggs shows how to create a safe environment for pupils to explore a range of materials which they would be able to manipulate and transform.

The August Creative Challenge Gallery – Week Four

Supersized Jewellery

More Making and Drawing projects for children



[Make, Build, Create and Drawing Projects for Children, BlackDog Publishing 2015/2016](#)

Rio 2016! – Sporty / Sunbathing Dolls

Inspired by Rio 2016, the AccessArt Friday Club made dolls from modroc and wire, exploring costumes and personality!

Steampunk Robots: A Kitbash Sculpture Unit

This resource, by Esmé Dawson, shows the processes students went through to create a robot sculpture that could live in a steampunk world. The main technique used was 'kitbashing;' the art of making a sculpture by taking bits out of broken plastic toys or using found and recycled objects.

Take a Seat Gallery

Enjoy these chairs!

Brushes, Rollers and Dabbers – Year 4 Pupils Use Mixed Media to Make Mark Making Tools

to explore constructing in mixed media and using inventiveness and innovation to create painting tools, which would later be used to paint a Communal Drawing of the River.

Making Mini Food

Making mini meals from Sculpey or Fimo clay takes good eye sight and nimble fingers! Here are some tips and tricks I have learnt along the way.

Creativity Session at Spinney Primary School

Perseverance, Determination and Inventiveness: Building Nests

Year 4 pupils from Comberton Village College and Cambourne Village College feeder schools met for a Gifted and Talented Sculpture Masterclass led by AccessArt at Bourn Primary Academy. The session centred around an exploration of the materials and construction methods we might use to build inventive, sculptural nests.

Astronaut Paper Body Casts by Gillian Adair McFarland

A non messy, big impact project in a day on the theme of space exploration to fit with Tim Peake going to the International Space Station.

Water and Rock: Teenagers explore building drawings with graphite and modroc

Teenagers look at pieces of chalk and flint and explore the physicality of rocks and geological processes with graphite and plaster.