

Using Sketchbooks to Take Ownership of Ideas

By [Sheila Ceccarelli](#)

This workshop happened after a wonderful series of workshops for AccessArt's Experimental Drawing Class by artist [Melissa Pierce Murray](#), who had used sessions to share her approach to making and thinking about sculptural relationships and drawing processes.

Melissa's workshops had been highly energetic sessions and ideas had moved along quickly, with teenagers producing a huge body of work.

In this session, I felt that it was time for students to reflect, consolidate and take 'ownership' of the ideas explored, and an opportunity to use sketchbooks as a place to visually develop and record thought processes.



Using work from a previous session led by Melissa Pierce Murray to make personal sketchbook responses - Miluka working

Many thanks to [Pink Pig Sketchbooks](#) for the beautiful sketchbooks and their support of AccessArt's work.

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“Heart-Work” an Arts and Wellbeing Project for Young People

Arts and Minds: Time to Introduce Ourselves – A Sculpture Challenge



Arts and Minds: A ‘Heart-Work’ Conversation



Arts and Minds: Asemic Writing and Invented Text



Feeling Through Drawing



Drawing for Mindfulness



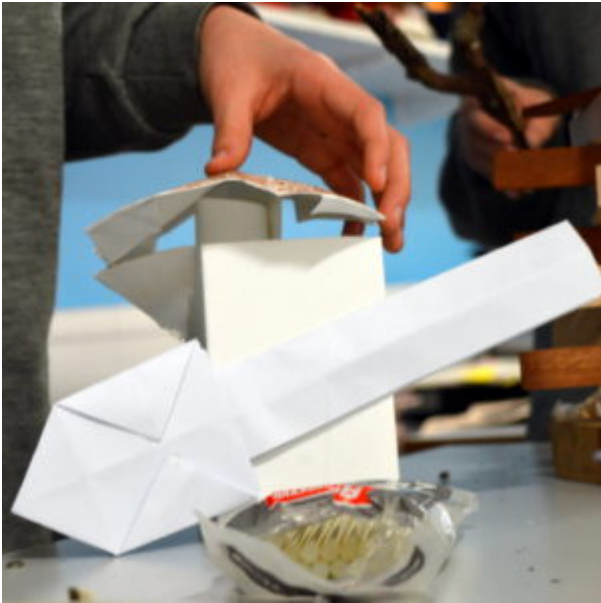
Arts and Minds: Expressive Monoprinting on a Big Scale



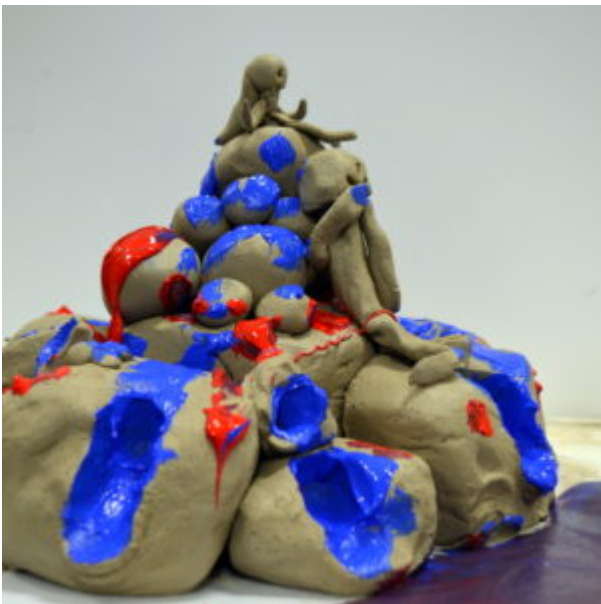
Constructing the World with Collage



Building to the Limit



Manipulating Clay with Water



Making Elastic Band Sketchbooks with Pupils at

Philip Southcote School

Mayan Tabletop Eraser Printing Project

“Heart-Work” – A series of ‘Arts on Prescription’ style workshops for young people at Cambourne Village College with Arts and Minds; Led by Sheila Ceccarelli (Artist) and Yael Pilowsky Bankirer (Psychotherapist)

This series of workshops with students at Cambourne Village College was part of the ‘Young People’s Pilot’, coordinated and managed Arts and Minds, a leading arts and mental health charity in Cambridgeshire. The sessions were led by Sheila Ceccarelli from AccessArt (artist) and Yael Pilowsky Bankirer (Psychotherapist)

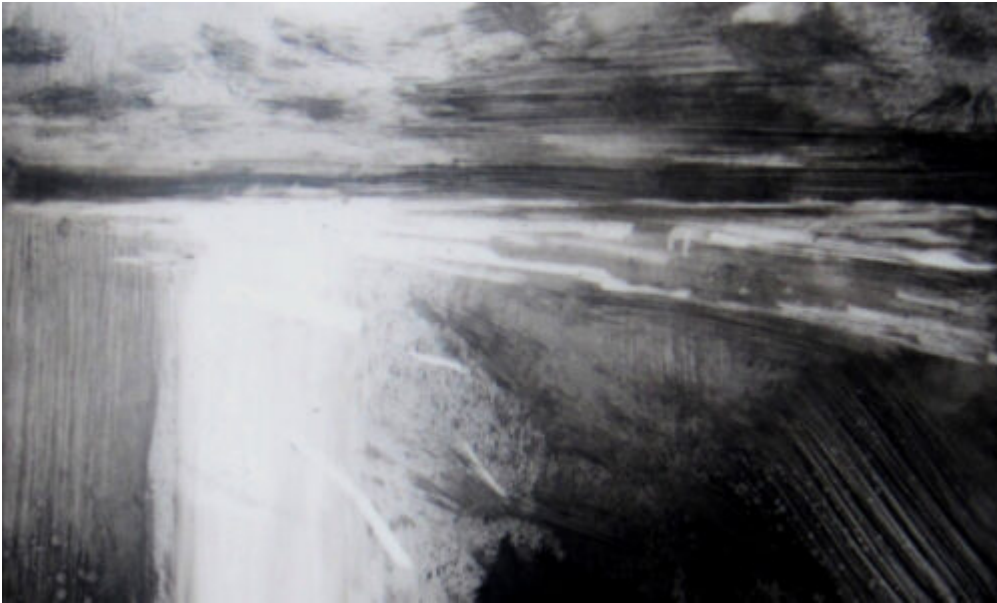
Landscape Painting: A Collection of Resources by Hester Berry

Introduction to Landscape by Hester Berry



This introduction to landscape painting is an exercise in looking and discovering, browsing and daydreaming.

Landscape Painting: Tone in the Landscape



In this post Hester Berry explores tone as a crucial aspect of landscape drawing and painting.

Landscape Painting: Plein Air Painting



Plein Air painting is the practice of painting outside, normally in front of one's subject.

Landscape Painting: Colour in the Landscape



Hester Berry shows how working with colour can be broken down, simplified and approached in a pragmatic way.

landscape Painting: Expressive mark Making



Practice and hone technical skills, use of tone and colour, observation and time spent in the landscape.

Arts and Minds: Drawing for Mindfulness

Arts and Minds: Feeling Through Drawing

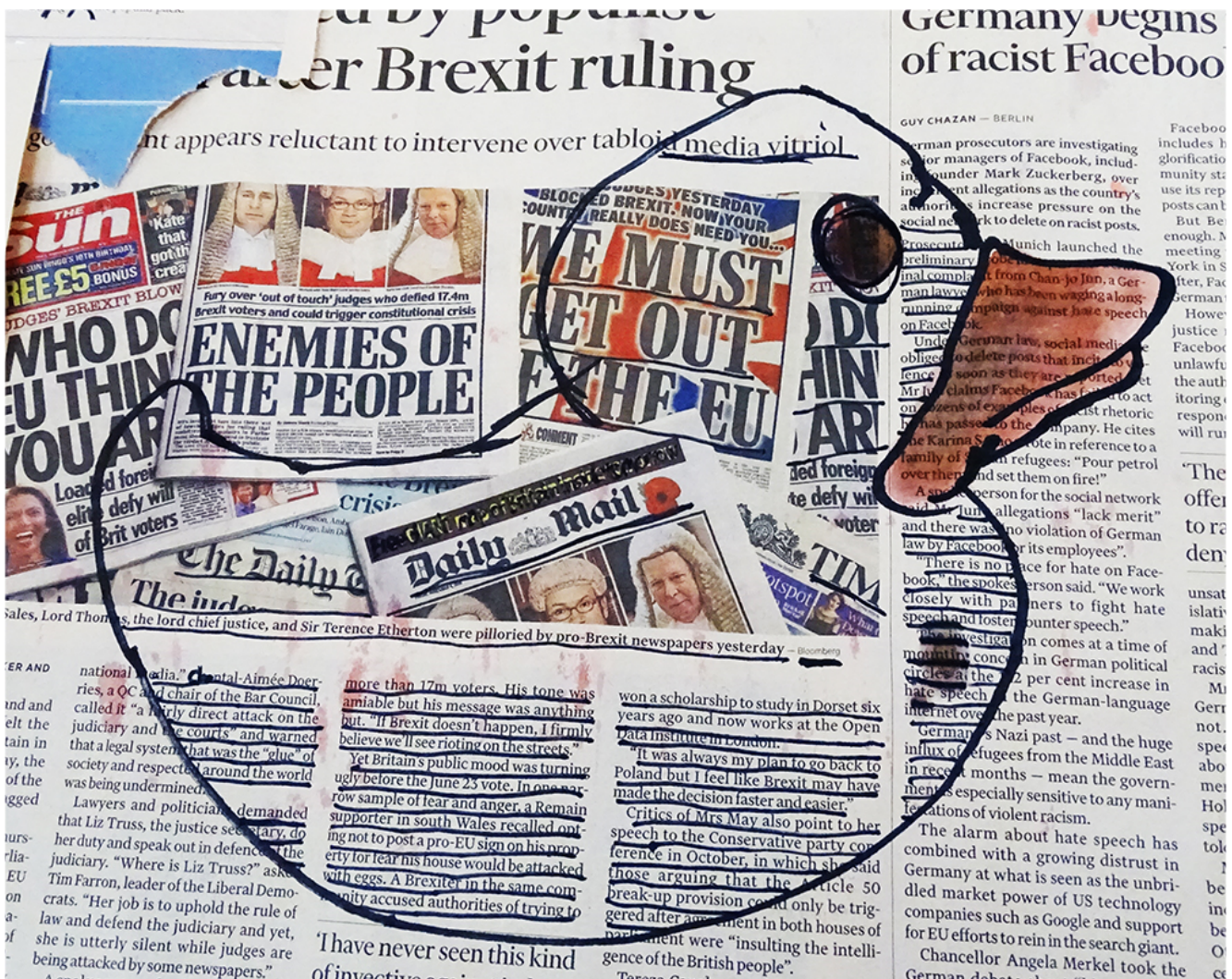
Arts and Minds: Asemic Writing and Invented Text

Sketchbook Exercise: Drawing

Brushes with Charcoal

Filling a Sketchbook: Sketchbook Exercises

What is a Canvas?



Making drawings which compete with the

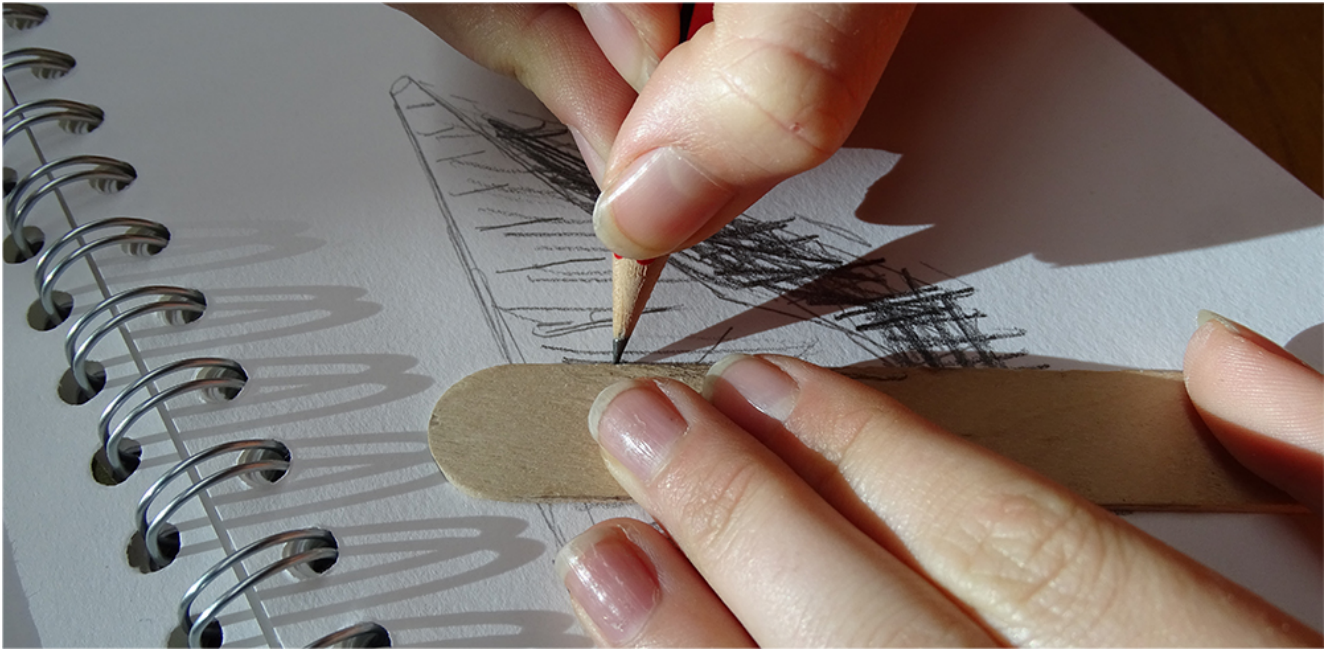
background

Making a Charcoal Animation



Inspired by the animations of William Kentridge

Making Ruler Drawings



Using 2 grades of pencil and only straight lines

Drawing Brushes with Charcoal



Using varied marks to capture the qualities of brushes

Many thanks to Pink Pig International for the sketchbooks



Using Drawing to Get Closer to 18th Century Portraits at the Fitzwilliam Museum, Cambridge

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, used drawing exercises to take a closer look at 18th Century portraits

Making Sketchbooks at the Fitzwilliam Museum, Cambridge

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to make sketchbooks and explore them as a physical space to connect and collect ideas and observations from museum collections.

Using Sketchbooks, Drawing and Reflective Tools in the 20th Century Gallery at the Fitzwilliam Museum, Cambridge

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to explore 20th Century paintings and sculpture, through using sketchbooks & drawing as tools for looking and remembering.

Filling a Sketchbook: Ruler Drawings

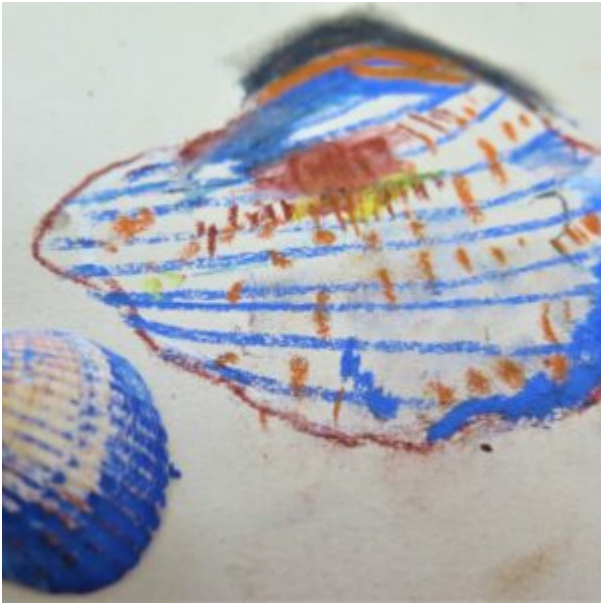
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[This is featured in the 'Exploring Form Through Drawing' pathway](#)

The drawing journey



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[Make, Build, Create and Drawing Projects for Children, BlackDog Publishing 2015/2016](#)

Developing Sketchbook Work with Pink Pig Sketchbooks

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